





Demographic and Clinical Characteristics of Patients with Severe Asthma in the Asian Pacific Region: data from the International Severe Asthma Registry (ISAR)

Juntao Lyu, PhD^{1,2}, Chin Kook Rhee, MD, PhD³, Trung N. Tran, MD, PhD⁴, Rohit Katial, MD⁴; Neil Martin, MD, PhD^{4,5}, Matthew Peters, MD, PhD⁶, Eve Denton, MBBS(Hons), MPH, FRACP^{7,8}, John W. Upham, MBBS, PhD, FRACP⁹, Philip Bardin, PhD^{10,11}, Belinda Cochrane, MD¹², Peter G Middleton, MD, PhD, FRACP, FThorSoc¹³, Paul Reynolds, MBBS, PhD, FRACP¹⁴, Diahn-Warng Perng, MD, PhD^{15,16}, Hao-Chien Wang, MD, PhD¹⁷, Chau-Chyun Sheu, MD^{18,19}, Ming-Ju Tsai, MD, PhD^{18,19}, Erick Wan-Chun Huang, MD, PhD²⁰, Ying-Chun Chien, MD²¹, Jeng-Yuan Hsu, PhD²², Pin-Kuei Fu, MD, PhD²³, Ching-Hsiung Lin, MD, PhD²⁴, Sheng-Hao Lin, MD, PhD²⁴, Sheng-Yeh Shen, MD²⁵, Shih-Feng Liu, MD²⁶, Kang-Yun Lee MD, PhD^{20,27}, Kuo-Chin Chiu, MD²⁸, Horng-Chyuan Lin, MD^{29,30}, Ming-Shian Lin, MD^{31,32}, Chu-Kuang Chou, MD³³, Sundeep Salvi, MD, PhD³⁴, You Sook Cho, MD, PhD³⁵, Kwang Ha Yoo, MD, PhD³⁶, Takashi Iwanaga, MD, PhD³⁷, Yuji Tohda, MD, PhD³⁸, Hajime Fujimoto, MD, PhD³⁹, Hiroshi Tanaka MD, PhD⁴⁶, Kazutaka Nogami MD^{41,42}, Kiyoshi Sekiya, MD, PhD⁴³, Mayumi Matsunaga MD⁴⁴, Hozawa Soichiro, MD, PhD⁴⁵, Takao Fujisawa, MD, PhD⁴⁶, Tatsuya Nagano, MD, PhD⁴⁷, Tetsu Kobayashi, MD, PhD³⁹, Tsuyoshi Oguma, MD, PhD⁴⁸ Yoshihiro Nishimura, MD, PhD⁴⁹, Ruth Murray, PhD⁵⁰, Lakmini Bulathsinhala, MPH^{1,50}, Indu Joshi, BHMS^{1,50}, Neva Eleangovan, BSc^{1,50}, Derek Skinner, MSc^{1,50}, Victoria Carter, BSc^{1,50}, Chris Price, LLB^{1,50}, David Price, FRCGP^{1,50,51}.

¹Observational and Pragmatic Research Institute, Singapore, Singapore; ²Optimum Patient Care, Queensland, Australia; ³Division of Pulmonary and Critical Care Medicine, Department of Internal Medicine, Seoul St. Mary's Hospital, College of Medicine, The Catholic University of Korea, Seoul, South Korea; ⁴AstraZeneca, Gaithersburg, MD, USA; ⁵University of Leicester, Leicester, UK; ⁶Department of Thoracic Medicine, Concord Hospital, Sydney, Australia; ⁷Allergy, Asthma & Clinical Immunology, Alfred Health, Melbourne, Australia; ⁸Public Health and Preventive Medicine, Monash University, Australia; ⁹Diamantina Institute & PA-Southside Clinical Unit, The University of Queensland, Brisbane, Australia; ¹⁰Lung, Sleep, Allergy and Immunology, Monash Health Clayton, Monash University, Clayton, Australia; ¹¹School of Clinical Sciences, Monash Health Clayton, Monash University, Clayton, Australia; ¹²Campbelltown Hospital, Sydney, Australia and Western Sydney University; ¹³Westmead Hospital, Sydney, Australia; ¹⁴Lung Research Laboratory, Faculty of Health and Medical Sciences, University of Adelaide, Adelaide, Australia; ¹⁵School of Medicine, National Yang Ming Chiao Tung University; ¹⁶Department of Chest Medicine, Taipei Veterans General Hospital; ¹⁷Department of Medicine, National Taiwan University Cancer Center; ¹⁸Division of Pulmonary and Critical Care Medicine, Department of Internal Medicine, Kaohsiung Medical University Hospital, Kaohsiung Medical University, Taiwan; ¹⁹Department of Internal Medicine, School of Medicine, College of Medicine, Kaohsiung Medical University, Taiwan; ²⁰Division of Pulmonary Medicine, Department of Internal Medicine, Shuang Ho Hospital, Taipei Medical University, New Taipei City, Taiwan; ²¹Department of Internal Medicine, National Taiwan University Hospital and College of Medicine, Taipei, Taiwan; ²²Division of Chest Medicine, Taichung Veterans General Hospital, Taichung, Taiwan; ²³Department of Critical Care Medicine, Taichung Veterinary General Hospital; ²⁴Division of Chest Medicine, Department of Internal Medicine, Changhua Christian Hospital, Changhua City, Taiwan; ²⁵Chest Division, Department of Internal Medicine, MacKay Memorial Hospital, Taipei, Taiwan; ²⁶Division of Pulmonary and Critical Care Medicine, Department of Medicine, Kaohsiung Chang Gung Memorial Hospital and Chang Gung University College of Medicine, Taiwan; ²⁷Division of Pulmonary Medicine, Department of Internal Medicine, School of Medicine, College of Medicine, Taipei Medical University, Taipei, Taiwan; ²⁸Division of Chest, Department of Internal Medicine, Poh-Ai Hospital Luodong, Yilan, Taiwan; ²⁹Department of Thoracic Medicine, Chang Gung Memorial Hospital at Linkou, Taoyuan, Taiwan; ³⁰Department

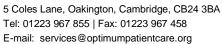


5 Coles Lane, Oakington, Cambridge, CB24 3BA Tel: 01223 967 855 | Fax: 01223 967 458

E-mail: services@optimumpatientcare.org

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of Medicine, College of Medicine, Chang Gung University, Taoyuan, Taiwan; ³¹Department of Internal Medicine, Ditmanson Medical Foundation Chia-Yi Christian Hospital, Chiayi, Taiwan; 32Department of Respiratory Care, Chang Gung University of Science and Technology, Chiayi, Taiwan; 33Division of Gastroenterology and Hepatology, Department of Internal Medicine, Ditmanson Medical Foundation Chia-Yi Christian Hospital, Taiwan; 34 Pulmocare Research and Education Foundation, Pune, India; 35 Department of Allergy and Clinical Immunology, Asan Medical Center, University of Ulsan College of Medicine, Seoul, Korea; ³⁶Division of Pulmonary, Allergy and Critical Care Medicine, Department of Internal Medicine, KonKuk University School of Medicine in Seoul, Korea; ³⁷Center for General Medical Education and Clinical Training, Kindai University Hospital, Osakasayama, Japan; ³⁸Kindai University Hospital, Osakasayama, Japan; ³⁹Department of Respiratory Medicine, Mie University Graduate School of Medicine; ⁴⁰Idaimae Minami Yojo Naika Clinic, and Sapporo Cough Asthma and Allergy Center; ⁴¹Department of Pediatrics and Allergy Center, National Hospital Organization Mie National Hospital, Tsu, Japan; ⁴²Department of pediatrics, Sapporo Medical University, Japan; ⁴³Clinical Research Center for Allergy and Rheumatology, Sagamihara National Hospital, Sagamihara, Japan; ⁴⁴Allergy Center, Mie National Hospital, National Hospital Organization; ⁴⁵Hiroshima Allergy and Respiratory Clinic, Hiroshima, Japan; 46 Director, Allergy Center, National Hospital Organization Mie National Hospital; ⁴⁷Division of Respiratory Medicine, Department of Internal Medicine, Kobe University Graduate School of Medicine; 48 Department of Respiratory Medicine, Kyoto University Graduate School of Medicine Faculty of Medicine, Kyoto, Japan; ⁴⁹Division of Respiratory Medicine, Department of Internal Medicine, Kobe University Graduate School of Medicine; 50Optimum Patient Care, Cambridge, UK; 51Academic Primary Care, University of Aberdeen, Aberdeen, UK.







Background: The International Severe Asthma Registry (ISAR) shares data from asthma registries across the globe using standardized variables.¹

Method: ISAR collected data prospectively from adult patients with severe asthma from Taiwan, Japan, India, South Korea and Australia from January 2017 and April 2022. Here we describe their baseline demographic and clinical characteristics at the time of biologic initiation or first visit for those who had, and had not, previously received biologic, respectively.

Results: A total of 1326 patients from the Asia Pacific region were included (Table). Australian patients had early onset, high exacerbation burden (32.7% with > 3/year), prevalence of fixed airways obstruction (66.7%), and eosinophilic phenotype pre-biologic (78.9%), and subsequent high long-term (>90 days) OCS (40.3%) and biologic use (52.5%). Indian patients typically had uncontrolled asthma (>90%) but low exacerbation rates, poor lung function, low prevalence of long-term OCS (12.0%) and biologic use (1.7%). Japanese and Taiwanese patients typically had well-controlled disease, good lung function, experienced <2 exacerbations/year, with about 25% receiving long-term OCS. While Japanese patients had a high prevalence of biologic use (55.1%) and LTRA (48.3%) add-on, Taiwanese patients were more likely to receive LAMA (46.9%). Patients from South Korea were characterized by low exacerbation burden (<1/year), good lung function, and high prevalence LAMA (41.1%).

Conclusions: There is substantial inter-country heterogeneity in the clinical characteristics of severe asthma patients in the Asia-Pacific region, likely a consequence of differences in access to severe asthma services, treatments and/or variability in biologic eligibility and socioeconomic status.

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Table: Demographic and clinical characteristics of adult patients with severe asthma in Asian Pacific Region

	AU	IN	JP	SK	TW
	(n=404)	(n=234)	(N=205)	(N=190)	(N=293)
Age, mean (SD)	57.5 (14.6)	44.8 (15.2)	60.7 (14.3)	56.9 (13.8)	59.4 (16.1)
Age of asthma onset,	22.9 (19.8)	30.3 (15.3)	40.4 (17.7)	42.7 (18.7)	44.4 (20.9)
mean (SD)					
Exacerbations ^a	N=262	N=198	N=131	N=176	N=207
Mean (SD)	2.4 (3.3)	0.6 (0.7)	1.9 (3.1)	0.4 (0.9)	1.4 (2.1)
3+, n (%)	107 (32.7)	3 (1.5)	28 (21.4)	7 (4.0)	25 (16.9)
Asthma control ^b	N=252	N=65	N=112	N=153	N=202
Uncontrolled, n (%)	143 (56.7)	60 (92.3)	39 (34.8)	70 (45.8)	68 (33.7)
Lung function	N=150	N=102	N=106	N=146	N=205
PB ppFEV ₁ , < 80%, n (%)	60 (40.0)	63 (61.8)	59 (55.7)	59 (40.4)	112 (54.6)
FEV ₁ /FVC < 0.7, n (%)	100 (66.7)	46 (45.1)	56 (52.8)	85 (58.2)	94 (45.9)
Eosinophilic phenotype ^{2c}	N=57	N=54	N=49	N=55	N=72
Grade 3, n (%)	46 (78.9)	38 (70.4)	30 (61.2)	36 (65.5)	50 (69.4)
Grade 2, n (%)	10 (17.5)	10 (18.5)	11 (22.4)	7 (12.7)	12 (16.7)
Grade 1, n (%)	2 (3.5)	5 (9.3)	7 (14.3)	9 (16.4)	10 (13.9)
Grade 0, n (%)	0	1 (1.9)	1 (2.0)	3 (5.5)	0
Add on to ICS/LABA					
LAMA, n (%)	19 (4.7)	41 (17.5)	38 (18.5)	78 (41.1)	138 (47.1)
Theophylline, n (%)	1 (0.2)	9 (3.8)	41 (20.0)	2 (1.1)	38 (13.0)
LTRA, n (%)	4 (1.0)	56 (23.9)	99 (48.3)	46 (24.2)	112 (38.2)
Macrolides, n (%)	5 (1.2)	28 (12.0)	35 (17.1)	6 (3.2)	11 (3.8)
LTOCS ^d n (%)	163 (40.3)	28 (12.0)	52 (25.4)	39 (20.5)	73 (24.9)
Biologic ^e n (%)	212 (52.5)	4 (1.7)	113 (55.1)	33 (17.4)	105 (35.8)

 $[^]a$ Total number of exacerbations recorded within 1 year before the biologic initiation visit or the first visit; b Assessed by ACQ and ACT scores at biologic initiation visit or the first visit for patients who had never received biologic treatment; c ISAR Eosinophilic phenotype grades 1 are calculated based on BEC, FeNO, LTOCS, asthma onset and nasal polyps; d Long term (continually use for > 3 months) OCS; e Anti-IgE, Anti-IL5/5R, and Anti-IL4; AU: Australia; BEC: blood eosinophil count; IgE: Immunoglobulin E; FeNO: Fractional exhaled Nitric Oxide; FEV1: forced expiratory volume in one second; FVC: forced vital capacity; IL: interleukin; ICS/LABA: inhaled corticosteroid/long-acting a B-agonist (LABA); IN: India; JP: Japan; LAMA: Long-acting muscarinic antagonist; OCS: oral corticosteroid; LTRA: Leukotriene receptor antagonist; SD: standard deviation; SK: South Korea; TW: Taiwan

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- 2. Heaney LG, et al. Chest. 2021;160:814-30.





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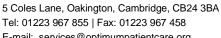
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E-mail: services@optimumpatientcare.org www.optimumpatientcare.org



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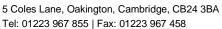
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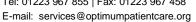
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Ruth Murray declares no relevant conflicts of interest.

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Indu Joshi is an employee of the Observational and Pragmatic Research Institute (OPRI). OPRI conducted this study in collaboration with OPCG and AstraZeneca.

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